



## Case Report

# Role of Thyroidinum (sarcodes) as an intercurrent remedy in treating various cases of Hypothyroidism

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### ARTICLE INFO

#### Article history:

Received 18-02-2024

Accepted 25-05-2024

Available online 10-06-2024

#### Keywords:

Homeopathic

Intercurrent remedy

Sarcodes

Thyroidinum

### ABSTRACT

As we all know that Hypothyroidism is going to be increased in 21st century. Homeopathic sarcodes like Thyroidinum can play an important role in treating cases of Hypothyroidism. An observational retrospective study was undertaken to study the impact of Thyroidinum as an intercurrent remedy. I have taken 40 cases for study & evaluated all cases with evidence of laboratory report at the interval of 3 months up to 1 year. In my clinical study I have seen that in various hypothyroid cases it worked very well as an intercurrent remedy with constitutional remedy from lower to higher potency. I got significant result in 31 cases, no result in 9 cases. So, I have found that we can increase our efficacy of result with use of 'Thyroidinum' as an intercurrent remedy.

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## 1. Introduction

### 1.1. Sarcodes

Sarcodes may be used according to the similimum or as a prophylactic. A sarcodes is a homeopathic remedy prepared from healthy tissues or secretions, so it has the healing potential of healthy tissue.<sup>1-3</sup>

### 1.2. Thyroidinum

Dried thyroid gland of the sheep or calf is used for the preparation. In Thyroidinum all characteristics are related to all functional qualities of the thyroid gland.

The genius of this remedy is functional imbalance in metabolism and mal-adjustments, excessive fast or slow-paced reactions at all levels, physicals and generals.

### 1.3. Generalities

1. Desire for sweets.
2. Thirst for cold water.
3. Patient is chilly.
4. It is a right-sided remedy.
5. Useful in deficient milk secretion specially when associated with return of menses.
6. Aggravation from – Cold exposure, least exertion. Amelioration from – Lying on abdomen.

### 1.4. Mind

Acute stupor alternating with restless melancholy. State of idiocy, fearful nightmares. Irritable and ill-tempered; worse on least opposition.

## 2. Intercurrent Medicine

Intercurrent remedy that remedy which is given in the course of treatment of the patient.

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### 2.1. Useful for

Given for some chronic diseases for the purpose of. . .

Removing any acute diseases OR accelerating the mode of cure OR removing any hindrances called Miasmatic Blocks.<sup>4-6</sup>

During treatment, in some chronic cases despite of a well selected remedy improvement ceases after a time because of deficient reaction OR diminished susceptibility.

Sometimes well selected medicine doesn't act, indicates – Intercurrent Remedy.

It is given in Higher potency like 200, 1M, 10M

We can use NOSODES & SARCODES as an Intercurrent Remedy.

Ex:

1. H/o Tuberculosis in patient or family – Bacillinum & Tuberculinum
2. Chronic dry cough – Whooping cough – Pertusinum
3. Recurrent Boils – Anthracinum
4. Recurrent Typhoid – Typhoidinum
5. In Allergic cases – Histaminum
6. In Thyroid cases – Thyroidinum

### 3. Aim & Objectives

To study effect of Intercurrent Remedy in chronic cases

To study effect of “THYROIDINUM” in case of Hypothyroidism

To study effect of Intercurrent Remedy with Constitutional Medicine

### 4. Data Analysis

An observational retrospective study was undertaken to study the impact of Thyroidinum as an intercurrent remedy. I have taken 40 cases for study & evaluated all cases with evidence of laboratory report at the interval of 3 months up to 1 year. In my clinical study I have seen that in various hypothyroid cases it worked very well as an intercurrent remedy with constitutional remedy from lower to higher potency. I got significant result in 31 cases, no result in 9 cases. So, I have found that we can increase our efficacy of result with use of ‘THYROIDINUM’ as an intercurrent remedy.

### 5. Observation & Analysis

### 6. Discussion

The study was done in my private clinic “Om Homeopathic Clinic, Surat”. I have taken 40 cases for study & evaluated all cases with Evidence of report at the interval of 2-3 months. The clinical condition of the patient was understood & keeping in mind the stages of disease & severity of disease, even their presentation after taking Tab. Thyronorm. The Tissue Susceptibility, Sensitivity,

**Table 1:** Age group

Age	No. of cases
0-10	01
11-20	03
21-30	18
31-40	11
41-50	05
51-60	02

**Table 2:** Sex group

Gender	No. of cases
Male	06
Female	34

**Table 3:** Result analysis

Result	No. of cases
Significant improvement	22
Moderate improvement	08
No improvement	06
Left the treatment	04

Miasmatic presentation were understood before & after the Allopathic Treatment.

This study deals with various complex cases & concept about Intercurrent Remedy. Many questions were raised in my mind regarding Intercurrent Remedy. I found that many of the cases that I saw during my training period have been complex with multiple dimensions & few very simple cases but they responded very well to THYROIDINUM as an Intercurrent Remedy. So, it becomes important to know that such cases can be managed more effectively & confidently by Constitutional Medicine with proper use of Intercurrent Remedy like “THYROIDINUM” Thus, I have selected 40 cases of Hypothyroidism from my clinic “Om Homeopathic Clinic” An observational retrospective study was undertaken to study the impact of Intercurrent Remedy with Constitutional Medicine.

### 7. Summary and Conclusion

1. Hypothyroidism can be treated by Homeopathic Constitutional Medicine but I have found that we got fast results after given “THYROIDINUM” as an Intercurrent Remedy.
2. Intercurrent Remedy always used in 200 & 1 M potency
3. We can be treated Subclinical Hypothyroidism to Advanced stage of Hypothyroidism with help of Intercurrent Remedy “THYROIDINUM”
4. We got marvelous result in every ages & both sex by using THYROIDINUM as an Intercurrent Remedy.

## 8. Source of Funding

None.

## 9. Conflict of Interest

None.

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**Cite this article:** Lathiya P, Patel G. Role of Thyroidinum (sarcodes) as an intercurrent remedy in treating various cases of Hypothyroidism. *Southeast Asian J Health Prof* 2024;7(2):47-49.